

Adrienne P. S. Smith, MD

Dr. Smith is a medical advisor to LLENA. Her personal and family history of Type 2 Diabetes drives her passion to support the development and delivery of validated Metabolic Health products and protocols. She specialized in Emergency Medicine, trained by the US Air Force, with a fellowship in Wound Care and Hyperbaric Medicine. Her tenure at the Texas Diabetes Institute (TDI) as the Founding Medical Director for the HBO and Wound Care Center taught her about using a collaborative team in the battle against diabetes and all its comorbidities. Her past roles as Vice President and Medical Director for KCI (now Solventum) and Regenesys Medical—where she used the Wound VAC(R) to heal wounds and pulsed electromagnetic energy field (PEMF) therapy to reduce diabetic neuropathic pain and suffering—provided a strong foundation for building the necessary toolbox for a diabetic's personalized medical regimen.

LLena (AI)- Nutrition, exercise, and coaching are universal tools in the fight to reduce inflammation and provide your body with the building blocks and micronutrients for success. As the foundation for treatment protocols, nutrition and exercise, along with medical devices, pharmaceutical agents, and behavioral health efforts should be based upon the individual's personal genetic profile to enable personalized precision therapy. This is the benefit LLena (AI) delivers.